



**HIV TESTING  
INFORMED CONSENT, AGREEMENT AND RELEASE**

(Patient to complete all shaded areas)

With my signature below, I acknowledge that I have read (or have had read to me) and understand the following information.

I authorize the release of this information to

**FACTS ABOUT HIV TESTING (HIV-1 ANTIBODY OR OTHER HIV TESTS)**

I HAVE BEEN TOLD THAT: (1) My blood will be tested for signs of an infection by the Human Immunodeficiency Virus, the virus that causes AIDS; (2) My consent to have my blood tested for HIV infection should be FREELY Given; (3) I understand that the results of this test are confidential and will not be released to anyone who would not legally have access to my medical record except by my signed consent on this page or as otherwise allowed by law (see reverse) but that confidentiality cannot be guaranteed; (4) HIV test results will be released along with my medical record unless I specifically indicate my refusal to release HIV test results when signing a release for my medical records. This refusal would only apply to the release of the actual laboratory slip in the medical record and not to other notation made by health professionals in my medical record; (5) If I wish to be tested anonymously my health provider should provide me with a referral, unless I am an inpatient in a hospital. He/she can call the Louisiana AIDS Hotline at 1-800-99AIDS9 or the local parish Health Unit to find out where I can be tested anonymously.

**WHAT A REACTIVE (POSITIVE) TEST MEANS:**

- ❖ A reactive HIV test means that I have the HIV infection and can spread the virus to others by having sex, sharing needles in drug use or from a mother to her child during pregnancy.
- ❖ A reactive test DOES NOT MEAN that I have AIDS – other tests are needed.
- ❖ If my test result is reactive, I may experience emotional discomfort and if my test result becomes known in the community, I may experience discrimination in work and personal relationships.

**WHAT A NON-REACTIVE (NEGATIVE) RESULT MEANS:**

- ❖ In most instances, a NON-REACTIVE test means that a person is not infected;
- ❖ However, it can take 3 to 6 months (or longer) for the HIV ANTIBODY test to become reactive AFTER infection.
- ❖ Although I have a non-reactive test now, I can still become infected by having unprotected sex or by sharing needles in drug use.

**WHAT SHOULD BE DONE IF MY TEST IS REACTIVE (POSITIVE)?**

- ❖ I should seek medical care as monitoring and treatment of HIV infection may improve my quality of life and lead to a longer life.
- ❖ I will be told how to keep from spreading the HIV infection by: (1) avoiding sexual intercourse, or practicing SAFER sex; (2) Not sharing needles – better still, getting off drugs; (3) Not donating or selling my blood, plasma, organs, or sperm; (4) Avoiding pregnancy or (if I'm a male) not getting a woman pregnant; and (5) Not breastfeeding or donating breast milk;
- ❖ If further testing reveals that I have AIDS, my name will be reported to the State Office of Public Health to assist me in obtaining services and to help the health department understand and control the AIDS problem;
- ❖ I know that the Office of Public Health or my doctor may assist me in notifying and referring my partners for medical services without giving my name to my partners; and
- ❖ If I refuse to notify my partners(s), my doctor may either notify them or have the Office of Public Health do so. In this case, my name will not be used.

My signature indicates that I have had a chance to have my questions about this test answered and that I hereby agree to have my blood drawn for the HIV test.

Patient's Signature

Date

\_\_\_\_\_  
Signature of Physician

\_\_\_\_\_  
Date